



Senmove Trampoline



Senmove Practitioner



Senmove Outdoors

Senmove Trampoline - Practitioner

A two day course (10 hours teaching time).

Aim:

To provide you with the knowledge and skills to reach Senmove Trampoline Practitioner level.

Offered with or without accreditation from OCNSWR (Level 2 / 6 Credits).

This course allows you to:

- Lead and teach Senmove Trampoline independently at your work place.

Content

- The range of activities / positions.
- Best practice – ways of supporting your students on the trampoline.
- Increased personal confidence in exercising and working on the trampoline.
- Measuring progress and using the 'Walker Assessment & Celebration Framework'.
- The Senmove Trampoline Rationale.
- Manual handling of the trampoline.
- Health & Safety - risk assessment, consent, contra indications, forms.
- Demonstrations with students (when possible).

Assessment

- Tutor observation / judgement of each candidate's personal skills on the trampoline and ability to teach Senmove Trampoline to peers.
- With OCNSWR accreditation - candidates will be required to complete an additional portfolio demonstrating their use of ST with their students.

Who can attend?

- We welcome: teachers; supports staff; SSCOs's; therapist's; sports development staff; parents; adult learning staff; leisure industry staff; respite care staff; and those on initial teacher training.
- Any responsible adult who considers themselves fit and healthy enough to actively participate on the trampoline –if in doubt please contact us to discuss.
- No under 18's.
- All those attending must be present for all 10 hours of the course.

Other requirements:

- You are required to complete a one day Refresher Course every 3 years.