



Senmove Trampoline



Senmove Practitioner



Senmove Outdoors

## Senmove PE & Movement - Foundation

### **Delivering high quality hall based PE & Movement activities.**

A one day course.

#### Aim:

Providing you with the knowledge and skills to deliver a range of PE and Movement activities to your students in the PMLD, SLD, ASD and MSI ability range.

#### Content:

- Understanding of the Senmove Rationale and Senmove Curriculum - how, what and why we want student's with SEN to participate in PE & Movement activities.
- Learn how to teach / lead a range of Innovative PE & Movement Activities (sports hall based activities).
- What is progress and how do we measure it?
- What do successful lessons look like?
- Ways of supporting student's - physical and verbal support and best methods of reducing this support.
- How to deliver each activity to the following three distinct ability groupings: PMLD & Lower Ability SLD (+MSI) / Higher Ability SLD / Challenging ASD.
- Effective use of your support staff.

#### Assessment:

- Tutor observations.

#### Who can attend?

- We welcome: teachers; supports staff; SSCO's; therapist's; sports development staff; parents; adult learning staff; leisure industry staff; respite care staff; and those on initial teacher training.
- Any responsible adult who considers themselves fit and healthy enough to actively participate.
- No under 18's.